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Post Operative Instructions for Office Excision of Lesions or Growths

1. Keep suture area dry for 24-48 hours unless your surgeon instructs you otherwise. If the area becomes wet gently pat dry. Do not leave a wet bandage on.
2. Leave bandage on for 24-48 hours, then it is up to you if one is left on or not.
3. Clean the incision site with hydrogen peroxide twice per day or as directed by your surgeon.
4. Keep bacitracin ointment on sutures, apply at least two times per day, until your return visit. You may apply ointment with a cotton swab or Q tip. Bacitracin ointment can be purchased at any drugstore without a prescription.
5. Some oozing is to be expected, but if bleeding or excessive oozing should occur then you will need to apply direct pressure over the incision site. If this does not control the bleeding or oozing then use a pressure bandage. You can make one of these by rolling a piece of gauze and placing it over the bandage that is directly on the sutures. Then stretch tape or adhesive bandage over the gauze roll to apply pressure to the area. Leave on for one hour.
6. Tylenol or acetaminophen should be enough to relieve any discomfort. If it is not please use the prescription for pain medication (if one was given)
7. Call the office at 603-224-2353 if you develop increased redness of the incision site, fever or an inability to manage pain
8. Be sure to schedule a post operative appointment at the front desk before you leave.